

## *The Activity of God*



**Dear Friend:**

☺ **Thank you for requesting this special e-mail article.** The purpose of it is to provide you with a divine prescription that, when taken in faith and love, will work miracles in every area of your life.

I take this prescription myself and am enjoying the wonderful healing, happy, and prosperous results. It will work for you, too, as you follow the instructions.

I recommend that you print this article out and **read it every day for the next seven days.** Then, once-a-week for at least a month. Keep it handy for review, as needed, and to keep you on tract. In faith, do as instructed, and begin taking the prescription immediately. Your spoken word is power! Meditating on it establishes it in your soul!

**J. Sig Paulson** was a Unity Minister, author, and the former minister of Unity Village Chapel. His keen insight and spiritual enlightenment are expressed in this article which is one of my favorites of his writings. Sig Paulson had a deep and profound love for, and faith in, God, Truth, and humanity. I am grateful for the positive impact he has made in my life through this divine prescription. *It is an excellent way to turn the Golden Key!*

You may share copies of this article with friends, prayer group, or study classes. *Do NOT charge for it, or change it in any way.* Please let me know of your positive results. – Lovingly, **Rev. John**

# ***The Activity of God***

**By J. Sig Paulson**

***The activity of God*** is a divine prescription that will enrich the life and experience of everyone who takes it. Taken in faith and love, it will multiply the blessings of a rich and successful life, bring new direction and meaning to a complacent one, revitalize a monotonous one, and completely transform a problematic one.

But before you take this divine prescription, a word of caution – even halfheartedly accepting the powerful truth contained in this formula will permanently alter your outlook on life, your understanding of yourself, and your relationship with God. You will be led to experiences that will cause you to grow mentally, emotionally, spiritually, and in every other way.

Here are the words that are contained in the divine prescription.

***The activity of God is the only power at work in my mind, heart, body, and life. All false beliefs, all negative appearances are dissolved right now by the loving, forgiving action of God. I am whole, strong, happy, and free, as God created me to be.***

**This prescription is in three sections:**

- the first states a truth simply
- the second describes the action of the truth
- the third tells the result of the action of the truth.

The power of the prescription lies not in the words, but in the truth they contain. The words, however, serve a wonderful and indispensable purpose: they direct your attention to God and to the truth, and they help you attain an attitude of faith and expectancy, which leads to knowing the truth. *The truth then sets you free – free from every type of limitation – mental, emotional or physical.*

***The Activity of God Is the Only Power at Work in My Mind, Heart, Body, and Life\****. Take this much of the prescription now by accepting it in your mind. Memorize the words, but do not stop with that. Meditate on them – digest and assimilate them mentally and emotionally – until the words themselves gather the faith, love and energy always present in your mind and heart. As you persist in this meditation practice, your faith, love and energy will be transformed into a greater understanding of the truth.

\*You may also include: home, business, finances, relationships, or what is *really important to you*.

***The activity of God is the only power at work  
in my mind, heart, body, and life.***

This is a simple statement of Truth. There is one Presence, one Power, in the universe.

Therefore, there is one activity, one creative, loving, energetic action which has brought the entire universe – including you – into being and which sustains its creation throughout eternity. Do not be concerned if you do not completely understand this great truth at first. Understanding will follow.

***The activity of God is the only power at work  
in my mind, heart, body, and life.***

What a relief it is to begin to know this great truth, and what a change it makes in your prayers! No longer do you feel the need to remind a reluctant or an otherwise occupied God of your plights and problems or to prod God into doing something about them. God already knows your needs, and the action to fulfill them is already under way. Prayer helps you be aware of and receptive to that divine action. Your part is to quiet your mental struggles and ***know*** the truth.

In truth there is only the activity of God at work anywhere. We block its perfect and complete expression in our lives through false beliefs in other powers. Negative appearances of fear, condemnation, guilt, resentment, doubt, inertia, and the unhappiness that these beliefs produce are like short

circuits in an electric power line. They are obstacles that distort and block the flow of divine energy, which is always active in our behalf.

When you take this prescription, you agree to put your faith in only one power – the activity of God. You agree to stop judging by appearances, good or bad, and you no longer delegate power to any person, place or thing. You agree to stop trying to tell God how, when, or where to act. You agree to let the will of God be done in all that concerns you. This is an attitude of mind and heart. ***Memorize it now, and meditate on it often.***

**The Activity of God** has only one purpose – to express the nature of God, which is only good. Its first movement is always to dissolve any obstacle in its path.

***All false beliefs, all negative appearances are dissolved right now by the loving, forgiving action of God.***

This second section of the divine prescription reveals the place where divine action begins – your own thoughts, feelings and convictions. The activity of God always works from the inside out. It also reveals that the work is not done by human willpower or mental struggle but by the forgiving action of God. There is no punishment, anger, or vengeance in the activity of God. There is only the loving, forgiving, guiding, healing action of the Spirit of Truth, which leads you into all Truth. The activity of God does not discriminate but always works in the way that is best for all.

**The Activity of God**, which is too pure to behold evil or limitation of any kind, has its source in a level of being deeper than thought or feeling. As you put your faith in it, a remarkable action takes place. Old beliefs in the false god of limitation are broken up and dissolved. Negative thoughts and emotions that such false beliefs cause will also be dissolved if you do not interfere with the divine action by becoming alarmed at what was in your mind and heart. It is as if you were to run a stream of clear water through a pipe clogged with rust, dirt, and sediment. At first you might be horrified at what is in the pipe, but you know that as the water runs, the pipe will be cleaned out and soon the stream will flow through, pure and free.

When you use this divine prescription:

- You agree to accept changes in your beliefs, thoughts and feelings.
- You agree that the next time an old belief in a false god of limitation rises within you, you will not be worried by it.
- You agree not to try to analyze it or condemn yourself for it.
- You agree not to fight it, resist it, or attempt to ignore it.

Instead, rejoice in the assurance that the activity of God, working deep within you, is dissolving forever the old pattern of belief, thought, and feeling which has held you in limitation. You will understand the truth and see the activity of God working through you. You will praise and give thanks to God as you let go of false beliefs and negative appearances. Hold this attitude in your mind and heart and meditate on it often.

**The activity of God** is doing its perfecting work, and you can feel a growing sense of wholeness, strength and freedom. The third part of the divine prescription is already revealing itself in your mind and heart:

***I am whole, strong, happy, and free, as God created me to be.***

The veil of false belief is lifted, the short circuits of negative thoughts and feelings are healed, and the barriers of inertia and complacency are dissolved. You know that you are God's creation – God's chosen instrument of inspired action.

When the activity of God has dissolved inner obstacles, it flows into every circumstance to continue its perfecting work. The divine prescription works to perfect you and to transform your world. When you know that you are whole, strong, rich, happy and free, as God created you to be, you are centered in God's power. Your inner world of belief, thought, and feeling is the foundation for your outer world, and as the activity of God changes the inner, changes for the good in the outer are inevitable. Often this inner and outer change is so rapid that you see what is called an instant miracle! At other times you see a progressive miracle – but a miracle there is!

The divine prescription is both general and specific. It can be taken for mind, body, finances, human relationships --- in fact, *for every human need*. You can change or add words to fit your particular situation. It works as well in the life of one who seemingly has everything as it does in the life of one who seemingly has nothing but problems. The activity of God lifts the level of any life into which it is invited.

Perhaps the greatest blessing of all lies in the fact that we can use this divine prescription on behalf of another. What a priceless gift we give someone when we joyously declare it!

***The activity of God is the only power at work in your mind, heart, body, and life. All false beliefs, all negative appearances are dissolved right now by the loving, forgiving action of God. You are whole, strong, happy, and free, as God created you to be.***

As your concern for another of God's children is lifted from your own heart, it often is lifted right out of the loved one's heart, too!

There is only one power in the universe God created, and you become receptive to the activity of that power when you use the divine prescription. It blesses any situation because it makes you a channel for God's perfect action. One person in a family can take it and bless the entire family. One person in a business or organization can use it to transform the whole operation. One person in a community or the world can take it and to some degree uplift everyone else. Jesus used it and changed the history of humanity. He told us of the divine prescription in the immortal words found in the Lord's Prayer and in "Not my will but Yours be done." (Lk. 22:42)

Let this divine prescription bring fulfillment to your life:

***The activity of God is the only power at work in my mind, heart, body, and life. All false beliefs, all negative appearances are dissolved right now by the loving, forgiving action of God. I am whole, strong, happy, and free, as God created me to be.***

It is yours for the taking.

When a group of people, small or large take this divine prescription, you can use "we" "us", etc.

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